

Mind Body & Spirit Organic Sulfur from Methyl-Sulfonyl-Methane (MSM)

Methyl-sulfonyl-methane is a naturally occurring sulfur compound found in our bodies as well as in many common beverages and foods, including milk, coffee, tea and green vegetables. In its purified chemical form, it is an odorless, essentially tasteless, white, water-soluble crystalline solid. It is one of the safest biological substances in biology.

- Methyl-Sulfonyl-Methane contains 34% elemental sulfur, by weight.
- Methyl-Sulfonyl-Methane is a non-animal-based food.

Mind Body & Spirit Organic Sulfur appears to have a synergistic, positive effect on everything related to metabolism and cellular efficiency. Many study members report needing much less or often no other vitamins, prescription drugs, and other supplements. **Organic Sulfur** apparently has no detrimental affect on any supplement or health product; but some health products and prescription medications have a detrimental effect on sulfur.

The Sulfur Cycle

Sulfur exists in both mineral (not bio-available) and organic (bio-available) forms. Mineral sulfur in the earth—the “yellow dirt” from mining—is present in a volcano's lava that is forced into the ocean through volcanic activity on the ocean floor. These under-water volcanoes are called “black smokers”. The sulfur mineral from black smokers reacts with ocean water and is changed to bio-available sulfur that becomes a part of ocean water. Through nature's cycle of water distribution, evaporation, and condensation (rain), and microscopic life forms, organic sulfur becomes a part of the nutrients for plants and animals. This change is what classifies our organic sulfur as food, not a vitamin or a nutrient. Bio-available sulfur is then consumed by animals and people. The sulfur cycle is symbiotic and vital for life, as we know it.

The **studies with organic sulfur** illustrate that the absence of organic sulfur is a mineral deficiency, which may be responsible for the greatest increase in disease in North America. Nutrients remain unavailable, amino acid and cellular function is greatly reduced, healthy gas-balances are not maintained (oxygen-nitrogen-carbon dioxide), and toxins remain embedded in the body's cells. Healthy body cellular metabolism is the basis for cellular regeneration of all of our cells. Organic sulfur's function is to act as an oxygen transport mineral. Without organic sulfur to enable the intracellular oxygen transfer and maintain the efficacy of amino acids, we begin to degenerate and age long before our biologic clock runs out.

Mind Body & Spirit Organic Sulfur: the Missing Link for Your Health

As of 2009 a study has been on-going in the US for ten years and in Canada for two years with the **Organic Sulfur** we recommend and it has shown to have significantly better healing properties than all other forms of **Methyl-Sulfonyl-Methane**. These are a few of the many amazing health benefits from those who have regularly taken the Mind Body & Spirit **Organic Sulfur**:

- **Skin Conditions:** acne, psoriasis, rosacea (red skin splotches), liver spots, and disorders associated with Lupus Erythematosus have been eliminated. With rosacea and acne, sometimes in as little as two weeks.
- **Allergies, Asthma, and Emphysema:** some people with more serious conditions stopped depending on the bottled oxygen they had been toting around in spite of the fact that they continued smoking.
- **Addictions: Detoxification and reduction of addictions cravings:** seems to be accelerated and reduced when people are trying to maintain abstinence from addictive substances and food cravings. We have reports that the detoxifying phase of recovery appears to be shorter and less intense.
- **Cancer and Chemotherapy:** Study members undergoing cancer treatment who took 30 g of Organic Sulfur (15 g twice a day) had no nausea, diarrhea, or hair loss during chemotherapy. There was also a surprisingly noticeable reduction of cancer cell counts as reported by their oncologists.
- **Lymphomas** appear to consistently reduce in response to **Organic Sulfur**—both in the associated pain and in decreased size of tumors. When combined with energy work, several cases of cervical, breast, and prostate cancer have been resolved without any medical involvement (sometimes in two weeks).
- **Diabetics** are helped because bio-cellular organic sulfur is essential for the production of insulin and sulfur-based amino acids, which are necessary for the metabolism of carbohydrates.
- **Arthritis:** all types of arthritis and ankylosing spondylitis, with long-term use of Organic Sulfur, report much less pain and dramatically increased mobility. Small joint arthritis (fingers) responds faster than large-joint arthritis, which can take several months. Over the long-term, the reports have been very positive. **Cellular Matrix Study** participants reported the straightening of finger joints and the resolution of internal scar tissue around the joints.
- **Hep C / HIV:** One **Cellular Matrix Study** member regenerated his liver to a healthy state after 25 years of Hepatitis C with only **Organic Sulfur** (fifteen months of two table-spoons of organic sulfur twice a day).

- **Kidney Stones:** one study member reported passing small kidney stones with no pain at all, and only a very mild physical discomfort that lasted one or two minutes.
- **Open Heart Surgical Procedures:** 54 cases of scheduled surgery were cancelled when the individual's EKG returned to normal. This happened within as little as six weeks of ingesting **Organic Sulfur**.
- **High Blood Pressure:** Several study members report high blood pressure returning to normal, the breakdown of calcium plaque in the arteries, and going off all related medication.
- **Sexual Response:** Some female members of the study report an increase in vaginal lubrication during arousal and some male participants report stronger and more stable erections.

Other Benefits: Study members have reported going off anti-depressant medications, canceling surgical procedures, general pain reduction, more energy, clearer thinking, increased sense of well-being, dramatically improved skin tone, the reduction of skin wrinkles in the face, the reduction of facial scars from acne, grey and white hair returning to natural color, and skin liver spots diminishing. The single most consistent report is that people feel noticeably and generally better, and healthier. After several months, they look better, too. This is because Organic Sulfur is an oxygen transport mineral that has a positive effect on every area of your body.

How to Take It: Standard daily amount: One and one half (1½) Tsp (18 gm) per 150 lbs (68 kg) body weight twice a day — early AM and about 12 hours later. Swallow *or* eat it with a sip of water, then follow with drinking 10 oz. of water (or) dissolve in 10 oz. PURE warm filtered water and drink. Avoid chlorinated water. For best results drink at least 2.5 liters of filtered water daily. Bitter taste reduces over time and can be reduced with fruit juice. If mild flu symptoms or headaches occur these are symptoms of detoxification not “side effects”—call to discuss this temporary healing crisis which disappears over time.