

Client Stories

Female 60's

Car accident 21yrs ago, **pain & inflammation** in knees, legs and back, could only **sleep** a few hours at night. Seasonal **allergies** were debilitating.

After taking Conscious Essentials: Pain and inflammation decreased significantly, allergies subsided considerably that she no longer needed allergy medications for the first time in years and she can now sleep 8 hours or more a night.

Female 60's

Terrible **back pain, diminished energy** levels and feelings of **stress**.

After taking Conscious Essentials: Her back pain was gone, she gained more energy, felt less stress and more overall balanced.

Female 60's

Chronic fatigue and **fibromyalgia** due to **Lyme's** disease. Able to regain strength and vitality with stronger immunity and pain relief in joints and musculature. Also able to stabilize high blood sugar and go off medications.

Female 50's

Suffering from **fibromyalgia** and **high blood sugar**

After taking Conscious Essentials: She found immediate joy, happiness and feelings of balance. She gained more strength, energy and faster recovery.

Female 40's

Chronic immune suppression relieved after taking Conscious Essentials for just 2 months. Relief from **Herpetic lesions**. No longer experiences **Chronic Fatigue** and painful outbreaks from **Shingles**.

Female 40's

Peri-menopausal **osteopenia** that resulted in **degenerative jaw bone** health. After just 3 months on Conscious Essentials x-rays revealed jaw bone growth sufficient to handle dental surgery and periodontal regeneration.

Female 40's

Began biking after taking Conscious Essentials and her **athleticism** has increased to biking 40-70 miles daily with little effort and instant recovery! **Neck injury recovery** and no pain after being in constant pain for 2 yrs. She has better **digestion** and **DAILY ELIMINATION** for the first time in many years.

Female 20's

Digestion and **elimination** problems and **unable to handle stress** well.

After beginning Conscious Essentials: Immediate sense of balance and within 2 months her digestion and elimination became healthy again.

Male 70's

90% **Stroke recovery** from medically induced procedure and able to **stabilize blood sugars** after 30 days and has **reduced medications**. Also feels more **energy and vitality** since starting the Conscious Essentials protocol.

Male 70's

Leg **pain from varicosity**.

Within 2 weeks of taking Conscious Essentials all pain was gone and the spider veins changed from black to hardly being noticed.

Male 60's

Addiction to sleep medications, petroleum toxicity, problems with **candida**, diagnosed **Metabolic Syndrome X, hormone imbalances** and **depression**.

Once taking Conscious Essentials: He was able to wean himself away from sleep medications within weeks, his body began to regulate itself, his depression lifted and he can exercise again.

Male 50's

Repair from **athletic broken bones** and **sprained joints** - Full recovery in knees, shoulders and neck. **Dental and oral cavity regeneration** along with **skin** and overall **collagen repair**.

Male 50's

Former professional athlete with **Metabolic Syndrome**. After 30 days able to reduce heart medications and blood sugar meds. Also relief from **arthritis** and no longer requires **sleep medication**.

Male 40's

Experienced relief from **ED** and **chronic BPH**. When on multiple doses of Conscious Essentials able to balance symptoms of **ADHD**.

Male 40's

Overweight and **sluggish** with signs of **depression**.

After beginning Conscious Essentials: Was able to feel like exercising and lost 25 lbs. Has more energy than he can remember and recovers from exercise immediately. All signs of depression are gone.

Male 20's

ADHD and **unable to gain weight and add muscle**.

After taking Conscious Essentials: Was able to gain weight and all signs of ADHD completely diminished.

In general, hair, skin and nail health improves due to collagen restoration and decongestion of the lymphatic system.